

# BenaCare Medical Center



When Shouldn't I Use a Doctor for an e-CARE Visit?

*e-CARE is NOT appropriate for any medical problem that is life-threatening or that may cause impairment.*

Some examples of medical issues that require immediate attention in an emergency room include, but are not limited to:

- Chest pain or pressure
- Significant, uncontrolled bleeding
- Difficulty in breathing
- Unconsciousness
- Poisoning
- Moderate to severe burns
- Convulsions or seizures
- Serious head, neck or back injury
- Serious limb impairment or broken bone

**Certain prescription medications, including:**

- Certain Prescription Medications: Controlled Substances/Narcotics/opioids (Oxycontin, Morphine, Methadone, Vicodin, Percocet, Fentanyl, T#3, Norco)
- Certain Sedatives and muscle relaxants (Valium, Xanax, Ativan, Klonopin, Restoril)
- Medications that require close monitoring by a healthcare professional (Klonazepam, Abilify, Strattera, Amphetamines, Methotrexate)
- Medication that require administration by a healthcare professional or training for first time use (Enbrel, Remicade, Epogen)

