

BenaCare Medical Center



When Should I Use a Doctor for an e-CARE Visit?

An e-CARE visit IS appropriate for:

Most Common

- Upper Respiratory Infection
- Cold
- Cough
- Influenza
- Nasal Congestion
- Lab Interpretation
- Allergies
- Fever
- Athlete's Foot
- Sports Injuries
- Rolled Ankle
- Travel Medicine

Most Irritating

- Bladder infections
- Cellulitis – Skin Infection
- Fever

- Eye Irritation
- Asthma – (stable/non-emergent)
- Yeast Infection
- Nausea
- Back Pain
- Skin Infection
- Seborrheic Dermatitis – Dry Scalp
- Vaginal Itching
- Heartburn – Gastro Esophageal Reflux Disease (GERD)
- Dry Skin – Eczema



Most Inconvenient

- Rash
- Nosebleed
- Bee Sting
- Pink Eye
- Genital Lesions
- Depression
- Diarrhea
- Dry Scalp
- Hay Fever
- Lice
- Poison Oak / Poison Ivy
- Scabies